

Where Do Donations Go?



Donations and sponsorships from individuals, partners and corporations are used to support the various programs of the Boston Bulldogs Running Club including:

1 Weekly Runs

We believe that running and community are essential tools in long-term recovery. Therefore, we host six weekly runs in five different locations including Chestnut Hill, Needham, Plymouth, Quincy, and Worcester. In 2025, we organized 286 weekly runs.



2 New Member Support



60% of new members come to us without the support of friends or family. Most have limited financial resources - your contribution provides them with club membership, running apparel, running shoes, jackets, water bottles, race registration fees, and more - free of charge. We also host several community nights throughout the year offering a way for members to connect and socialize.

3 Junior Bulldogs Programs

Vulnerable, at-risk young people are introduced to running, wellness and community as lifelong tools to address anxiety and depression through these four to eight-week programs. Our curriculum was designed by World Marathon Champion Becca Pizzi.



4 Full Circle Programs

A six-week program held throughout the calendar year introducing members to the Club and its Three Principles (Self-leadership, Transparency towards self and others, and Giving Back). Participants are paired with a Bulldog Leader and a certified running coach to achieve specific running and wellness goals.



5 Marathon Team

Each year members train to run the Boston Marathon to raise awareness and funds for the Club. Last year, fifteen individuals ran as part of our official BAA Boston Marathon Charity Team. At least eighteen other members ran - as time-qualified entries or on behalf of another charity team. Funds are used to support the runners with mentors, trainers, gear, gels, running shoes, water stops, competition prizes, and more.



6 Leadership Team



Members who have completed *Full Circle One* and *Full Circle Two* are invited to apply for the Leadership Team. This gives them the opportunity to give back by organizing our weekly runs and becoming wellness sponsors to Club members. *Leaders* also gather for training several times a year.

7 Giving Back Programs

The Bulldogs participate in outreach efforts at area sober living homes, recovery centers, hospitals, shelters, jails, community gatherings, vigils and road races. Last year the Boston Bulldogs participated in over 121 such opportunities.



With 640 members - a robust 20% increase over the past two years - we are the only running club of its kind in Massachusetts.

We are a 501(c)(3) nonprofit and we rely on generous donations to fund our programs.

www.bostonbulldogsrunning.org